



resources guide

Hygiene behaviour

This is a selection of books and websites taken from a much longer list of resources you can find in the **Thematic Overview Paper on Hygiene Promotion published by IRC** and available at www.irc.nl/download.php?file=/top/hygprom.pdf

Books

Hygiene Evaluation Procedures: approaches and methods for assessing water- and sanitation-related hygiene practices

Almedom, Astier M., Ursula Blumenthal and Lenore Manderson (1997) London: London School of Hygiene and Tropical Medicine; Brisbane, Australia: Australian Centre for International and Tropical Health and Nutrition, University of Queensland Medical School, and International Nutrition Foundation for Developing Countries (INFDC), www.unu.edu/unupress/food2/UIN11E/uin11e0g.htm

This handbook contains practical guidelines for evaluating water- and sanitation-related hygiene practices.

Towards Better Programming: a manual on hygiene promotion

UNICEF (1999) Water, Environment and Sanitation Technical Guidelines Series No.6, New York, www.unicef.org/programme/wes/pubs/glines/hman.pdf

This manual presents methodologies to assist development workers in the promotion of behavioural change for safer hygiene practices and to help make hygiene promotion programmes more effective.

Global Water Supply and Sanitation Assessment Report

WHO (2000) Geneva: World Health Organization, www.who.int/water_sanitation_health/Globassessment/Globa5-3.htm

Hygiene promotion is increasingly important as rapidly increasing epidemiological evidence points to the importance of relatively small behavioural changes in protecting families from faecal-oral disease.

Motivating Better Hygiene Behaviour: importance for public health, mechanisms for change

van Wijk, Christine and Tineke Murre (1995) New York, USA: UNICEF www.unicef.org/programme/wes/pubs/behav/behav.htm

Conventional hygiene education programmes seldom lead to safer hygiene practices. The authors discuss what makes people change their hygiene behaviours as individuals, groups and communities and present alternative types of programmes.

Articles

'Evidence of behaviour change following a hygiene promotion programme in Burkina Faso'

Curtis, Valerie, Bernadette Kanki, Simon Cousens, Ibrahim Diallo, Alphonse Kpozehouen, Morike Sangare and Michel Nikiema (2001) *Bulletin of the World Health Organization*, 2001, 79: 518-527, www.who.int/bulletin/pdf/2001/issue6/vol.79.no.6.518-527.pdf

Surveys were used to determine if a three-year programme had changed behaviours associated with the spread of diarrhoeal diseases. It appears that hygiene promotion programmes can change behaviour and are more likely to be effective if they are built on local research and use locally appropriate communication channels repeatedly and for an extended time.

'Hygiene improvement framework'

Rosensweig, Fred and Chris McGahey (2002) Summary Report E-Conference March 1-31, 2002. Arlington, VA, USA: Environmental Health Project, www.sanicon.net/titles/title.php3?titleno=61

Report supplementing observations and provocative questions from an e-conference, including case reports of water and sanitation projects with hygiene promotion.

'Water, sanitation and hygiene at a glance'

World Bank <http://wbln0018.worldbank.org/HDNet/hddocs.nsf/c840b59b6982d2498525670c004def60/9d1422d8016e85d885256b90005e1f76?OpenDocument>

This briefing paper addresses the effectiveness of hygiene promotion; the dos and don'ts; key measures for the Millennium Development Goals, and key documents, references and websites.

'Hygiene promotion in Burkina Faso and Zimbabwe: new approaches to behaviour change'

WSP Field Note 7, www.wsp.org/pdfs/af_bg_bf-zm.pdf

Comparison of two African hygiene promotion programmes that have successfully used new approaches: Programme Saniya in Burkina Faso, and ZimAHEAD in Zimbabwe. They both concentrated on understanding how people actually behave and hence how to change that behaviour, and they both demonstrated ideas that can be applied at a larger scale.

Video

Healthy Communities

UNDP-World Bank Water and Sanitation Programme (1998), English, 13 minutes long, US\$20, available from:

Communications, UNDP-World Bank Water and Sanitation Programme, <mailto:info@wsp.org>, www.wsp.org/English/new.html#video
A documentary about the Participatory Hygiene and Sanitation Transformation (PHAST) method, an exciting approach, based on an innovative set of participatory techniques, which has demonstrated its ability to promote hygienic behaviour, sanitation improvements and community management of water and sanitation facilities.

Websites

Healthlink Worldwide (UK) (formerly AHRTAG)

www.healthlink.org.uk

Hygiene Behaviour Network, in Global Applied Research Network in Water Supply and Sanitation (GARNET) (UK)

<http://info.lut.ac.uk/departments/cv/wedc/garnet/grntnc.html>
Includes the full text of Hygiene Behaviour Network Newsletters and links to other organizations.

International Union for Health Promotion and Education (IUHPE)

www.iuhpe.nyu.edu

The only global organization entirely devoted to advancing public health through health promotion and health education. Has an established track record in advancing the knowledge base and improving the quality and effectiveness of health promotion and health education practice.

Rehydration Project (Costa Rica)

www.rehydrate.org

This non-profit international development group, based in Costa Rica, promotes the use of oral rehydration salts (ORS) in developing countries. Their site is claimed to be the world's largest knowledge base on diarrhoea and diarrhoea management. It provides access to all issues of *Dialogue on Diarrhoea* (1980-95); fact sheets and background information on dehydration, rehydration, diarrhoea and breastfeeding; FAQs, news and an extensive list of links.

World Health Organization

www.who.int/hpr
www.who.int/water_sanitation_health/diseases/wshlinks.pdf

The first address links to a number of health promotion networks. The second gives access to statistics on water, sanitation and hygiene related diseases.

World Water Day

www.worldwaterday.org/2001/links/health.html

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